

Your 2026 Veteran Financial Check-Up



Download and print to help you map out your 2026 financial priorities.

Section 1: What's Changed Since 2025?

Make note of anything that has changed in your life financially

- ☐ Income increased
- ☐ Income decreased
- ☐ Housing costs changed
- ☐ Started/stopped receiving a benefit
- ☐ Took on new debt
- ☐ Something else: _____

Section 2: Is Your Spending & Savings Plan Still Working?

If not, where is it breaking down? (groceries, gas, bills, etc.)

Notes: _____

Try our [Spending & Savings Plan](#)

Section 3: Spot a Savings Leak

What's one quiet expense that isn't worth it anymore?

- ☐ Subscription I don't use
- ☐ Unused gym membership
- ☐ Streaming service
- ☐ Credit card interest
- ☐ Other: _____

I will cancel or reduce this by: _____

Section 4: One Small Savings Move This Month

I will:

- ☐ Automate \$5 weekly to my savings
- ☐ Open a separate savings or bill-pay account
- ☐ Use coupons/digital rewards for groceries
- ☐ Track my expenses weekly
- ☐ Other: _____

My goal: _____

Start date: _____

Small steps add up. The progress you make today sets you up for success tomorrow.

Download more free tools from the
[Veteran Saves Resource Center](#)

