

Track It, Cancel It, Save It: A Veteran's Guide to Cutting Unused Subscriptions

## Subscription Snapshot: Get it all on paper first.

Service Name	Type of Service	Monthly Cost	Billing Date	Payment Method



Use your bank statement or app story history to jog your memory.

## Evaluate Necessity

Service Name	Last Time Used	Still Needed? (Y/N)	Notes (Why You're Keeping or Canceling)



Some subscriptions you needed a year ago might not serve you today.

## Cancel or Pause Plan

Service Name	Last Time Used	Still Needed? (Y/N)	Notes (Why You're Keeping or Canceling)

 **Track your wins and your savings.**

## Redirected Savings: Give that money a job.

My total savings from canceled subscriptions this month: \$\_\_\_\_\_

I'm putting it toward...

- ☐ **Emergency Fund**
- ☐ **Paying Down Debt**
- ☐ **Groceries or Gas**
- ☐ **VA Co-Pays**
- ☐ **Savings Goal: \_\_\_\_\_**

## Common Subscriptions to Check

- Apple App Store / Google Play subscriptions
- Streaming: Netflix, Hulu, Disney+, HBO Max
- Gaming: Xbox Live, PS Plus, mobile games
- Music: Spotify, Apple Music, YouTube Premium
- Food Boxes: Hello Fresh, Blue Apron
- Fitness: Peleton, gym memberships
- Cloud Storage: iCloud, Google One
- Online Services: Canva, Dropbox, Adobe
- Annual renewals that auto-charge