

# Are You Financially Ready for the Unexpected?

Take this quick self-assessment to discover how prepared you are

Rate each statement from 1 (not true) to 5 (completely true).

1

I know when my income arrives each month.

1  2  3  4  5

2

I currently have automatic savings set up.

1  2  3  4  5

3

I know what my essential monthly expenses are.

1  2  3  4  5

4

I could handle a \$500 expense without panic.

1  2  3  4  5

5

I understand my bank's fees and overdraft settings.

1  2  3  4  5

6

My emergency savings are kept separate from my everyday spending.

1  2  3  4  5

Add your answers together for your total score: \_\_\_\_\_

if your total score was  
**5 - 12 Points**

Focus on stabilizing your income and essentials.

if your total score was  
**13 - 20 Points**

Strengthen automation and reduce fee risk.

if your total score was  
**21 - 25 Points**

Maintain and protect your savings strategy.

Take the [Veteran Saves Pledge](#)! It's a free, non-judgmental way to get reminders, resources, and support year round.

